



## BLUE AND GREEN

### Girl Guides Celebrate Saint Patrick's Day!

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It was a chilly afternoon, but girls and Guiders braved the cold to proudly represent Guides Québec in the Montreal Saint Patrick's Day Parade.



### HIGHLIGHTS

- [Plan a great event with the Kiosk-to-go!](#)
- [Celebrate Camp Wa-Thik-Ane's 90th Anniversary.](#)
- [Apply to be a patrol Guider for SOAR 2017!](#)



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Photos courtesy of Mary-May Hubert and Kimberley Devey.



Valois-Dorval District hosted a great pool party to support girls going to **Guiding Mosaic** in Alberta in 2016.



Read more stories from around the province on [page 14...](#)



# Message from the PC



In recognition of National Volunteer week, April 10-16, so many of the generous members of our Guiding community are hearing thank yous....and whether Guiding is only one of many BAs (bonnes actions) you do that serve your communities, or it is your one and only volunteer endeavour, this week, as every week, it deserves thank yous. #NVW2016

Whatever role you play in supporting Guiding in your community, as a Unit Guider, an administrator, Adviser, Trainer, Council member or Cookie wrangler, your support is essential in making Girl Guides of Canada-Guides du Canada alive, active and valued in your community. Our thanks as a Council extends beyond our own members, to the helpers, parents, community leaders and girls who make Guiding better and stronger by their engagement and care for what we all do.

We share these timely thank yous during this week dedicated to volunteers of all descriptions, but we really extend them all year long - and some of the very best thank yous we hear come right from the girls - so listen closely! They are telling you with their smiles and laughter, their energy and enthusiasm and their excitement over what's ahead for them, for you and for Guiding.

And sometimes they tell you with marshmallows and chocolate on top - Enjoy!

FROM the **BOTTOM** of our **HEART**  
*Thank You* FOR YOUR **INCREDIBLE**  
**work & commitment**  
TO **girl greatness!**  
*Because of YOU,*  
\* GIRLS ACROSS THE COUNTRY \*  
..are..  
**EMPOWERED**  
TO BE  
**CONFIDENT, RESOURCEFUL**  
**COURAGEOUS,**  
AND  
TO MAKE A DIFFERENCE  
*in the* **WORLD**

**NATIONAL VOLUNTEER WEEK**  
**APRIL 10-16, 2016**  
#NVW2016 #GIRLGUIDESOFCANADA

## WTA's 90<sup>th</sup> Anniversary

**YOU'RE INVITED!**

**August 13-14**

**Wa-Thik-Ane's 90th Anniversary Celebration**

Come up to join us for the day or overnight...

- Saturday, August 13<sup>th</sup> - day only: \$15 includes BBQ lunch – must have a bracelet
- Saturday and Sunday, August 13<sup>th</sup> and 14<sup>th</sup>: \$45 as a patrol or member, includes Saturday lunch, supper, snack and Sunday breakfast
- Sunday as a family with your own picnic lunch

**Deadline to register: June 17**



[Registration form](#)



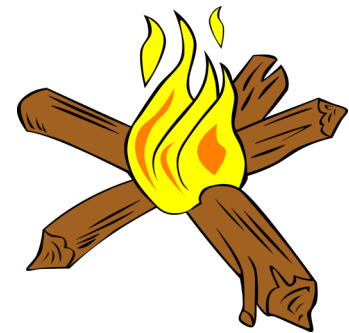
## 90 DAYS OF CAMPFIRES

We've passed the halfway point for the 90 Days of Campfires but it's not too late for your unit to contribute!

Simply film a minute-long segment of a campfire song or take a picture of your unit singing and email it to [wta90@guidesquebec.ca](mailto:wta90@guidesquebec.ca).

You can book your date ahead of time (check out the [official calendar](#) to see what dates are left) or send your snippet in and you'll be slotted into the next available day.

<i>Rise and Shine</i>	Walk Around	<i>When Irish Eyes are Smiling</i>
<b>Chinese fan</b>		<i>This Little Guiding Light of Mine</i>
		<b>Land of the Silver Birch</b>
		Deep and Wide
<b>Tall Trees</b>		<i>40 Years on an Iceberg</i>
		<b>Purple Soup</b>
		<i>The Moose Song</i>
		<b>Okki Tokki Anga</b>
		<i>The Pirate Song</i>
		<i>Peace Like a River</i>
		<i>This Land Is Your Land</i>
		<i>Herman the Worm</i>
		<i>The Swimming Pool Song</i>
		<i>It's a Small World</i>



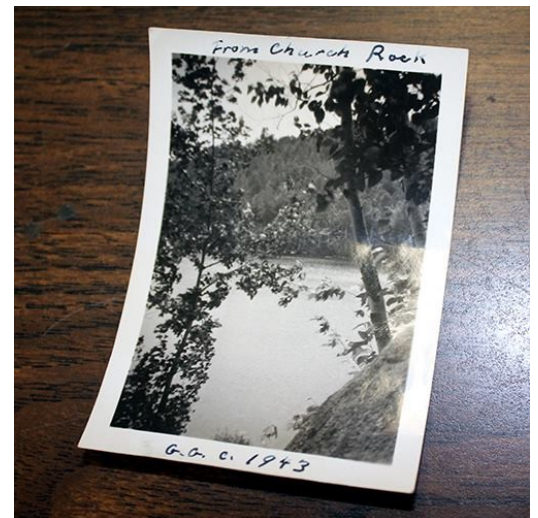
See videos of all these songs (and more) on the [Québec Blog!](#)

## ANNIVERSARY CAMP TOOLBOX



When Camp Wa-Thik-Ane in Morin-Heights became Québec's first Girl Guide camp in 1926, women and girls were ready for adventure — and that's still true today! To help get Guiders ready to camp with their Sparks, Brownies, Guides and Pathfinders, a special 90<sup>th</sup> anniversary camp "tool box" has been created.

Please feel free to adapt [this program](#) to your camper's needs and skills. Have fun and don't be afraid to try something new, or old!



CAMP WA-THIK-ANE IS  
90 YEARS YOUNG!

Property Committee | [lacbouchette@guidesquebec.ca](mailto:lacbouchette@guidesquebec.ca)

## It takes a team to make memories



**Join us Now for the 2016 Season**



Camp runs in consecutive weeks from July 15<sup>th</sup> to August 6<sup>th</sup> 2015. Check out our [camp dates](#) on the GGC Quebec website under Wa-Thik-Ane Summer Camp. If you can help, contact Joanne Cardinal at [jackson.mom@sympatico.ca](mailto:jackson.mom@sympatico.ca) or 514-453-2547.



**THIS CREST HAS BEEN DESIGNED TO COMMEMORATE CAMP WA-THIK-ANE'S 90<sup>TH</sup> ANNIVERSARY**

You can now [order](#) your WTA 90<sup>th</sup> Anniversary Celebration crest for your camps or upcoming events.

Cost: \$3 (including tax) per crest

Requests via e-mail would be appreciated:  
[info@guidesquebec.ca](mailto:info@guidesquebec.ca)





# Camp Wa-Thik-Ane Needs You



**We need YOU!**

**The Property Committee is looking for volunteers to help at Wa-Thik-Ane this camp opening weekend!**

Contact [lacbouchette@guidesquebec.ca](mailto:lacbouchette@guidesquebec.ca) to help out!

## **Saturday May 7**

Weather permitting - we will pitch canvas tents; a minimum of 4 people is needed per tent. We will be cleaning and preparing Algonquin, Iroquois, Cree, Huron, MicMac, Stavert, Health Centre and the Food Services building. To complete these tasks, you will be provided with gloves, brooms and washcloths. Small repairs and maintenance tasks will continue around camp.



## **Sunday May 8**

Finish tent pitching and cleaning and preparing sites. Other jobs may include changing floorboards, stairs, clearing fallen branches and small carpentry jobs. You are welcome to bring your tool belt. A list of issues requiring further maintenance at each site is provided.

Food: We will provide meals on Saturday, May 7th — soup, chili/vegetables, snacks, coffee and tea. Sunday, May 8th — McMuffins for breakfast and soup for lunch. Bring your own mug, filled water bottle and any extra food as needed. To help us plan food quantities, please let us know if you are staying over Friday and/or Saturday at

[lacbouchette@guidesquebec.ca](mailto:lacbouchette@guidesquebec.ca).



## **May 9-13**

Completion of tent pitching and any small maintenance jobs in small groups (minimum 4) depending on your availability and the weather.

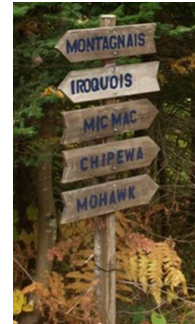
\*\*\* Access by car may be limited due to weather conditions and we may not have running water.\*\*\*

**Your volunteer support at preparing the camp for the season ahead is appreciated!**



At the time of publication, the remaining available sites at Camp Wa-Thik-Ane for spring/summer 2016 are:

- May 20-22 – All sites available
- May 27-29 -Algonquin
- June 17 -19 – All sites & Stavert Lodge
- June 24-26 – Stavert Lodge, Algonquin & Cree
- July 1-3 – All sites & Stavert Lodge
- July 8-10 – All sites & Stavert Lodge



Please see the [Camp Wa-Thik-Ane page](#) on the website for more information on the 2016 reservation process.

DC Vickie Blouin is inviting groups to join Québec Est and Lennoxville at their June camp to be held in Richmond, QC on June 4-6. You can contact her at [vickie.blouin@outlook.com](mailto:vickie.blouin@outlook.com) if you're interested.

## Program News

### APRIL IS DENTAL HEALTH MONTH

Now that National Nutrition Month (March) is over, why not continue doing program about Healthy Living? Brownies even have a badge called "Smile Girl."

Consider asking around to find out if one of your girls' parents is or knows a dental hygienist who might be interested in coming to visit your unit. They are the experts on prevention!



### MAY 2-8 IS NATIONAL MENTAL HEALTH WEEK

National has published an excellent [instant meeting](#) focusing on activities that will help girls develop techniques for managing stress and anxiety in healthy and positive ways.

The **1st Mount Bruno Pathfinders** tried it out and here's what they had to say:

*It went super well. I highly recommend. The girls appreciated it and we realized just how much they need time to talk, share their worries and to learn how to deal with stress. We made the worry wall, made stress balls, discovered healthy breathing, learned about mindfulness, coloured mandalas, did a 10-minute "Headspace" meditation session and sent each girl home with a brand new gratitude journal to fill in to help them focus on the good things in their lives. — Ingrid Hamel*

Charyl Hyndman, Program Adviser | [programme@guidesquebec.ca](mailto:programme@guidesquebec.ca)

## The Kiosk-to-Go is here!

The document is available on the PR and Membership Tools [page](#) as well as the [PR Dropbox!](#)

### Find information on:

- what can be borrowed from the provincial office
- activity ideas
- printable PR tools and swag (pencils etc)
- promotion ideas
- tips for reaching out to local groups and businesses
- and more!

## Event Subsidy

Planing a recruitment event, or Bring-A-Friend evening? Your district may be eligible for the new GGC-QC [Event Subsidy!](#) As part of the 2016 Spring Registration campaign and beyond, GGC-QC is reimbursing districts for costs associated with recruitment or public awareness events.

### Costs such as:

- venue or booth rental fee
- local advertising (if a cost is attached)
- activity materials
- booth supplies
- Bring-A-Friend activities
- others on a case by case basis, may be eligible for reimbursement

Look in the [Kiosk-to-Go](#) for a step by step process to applying for the Event Subsidy!

## Provincial Scholarships

**\*\*\*2 scholarships will be offered this year!\*\*\***

**Who can apply?** Any registered Québec member of GGC-GdC who is entering or pursuing post-secondary education (in any field of study) on a full time basis.

This scholarship is based on your active Guiding and community involvement. Former members and past recipients are not eligible to apply.

Details are available on the [QC website](#).

Application deadline:  
**June 1**



## Have you nominated a fellow Guider or girl member for an award lately?

Awards are a great way to show the Guiders around you how much you appreciate all the work that they do!

Visit the [Awards](#) section of the website and [MemberZone](#) to find out what awards are possible!



**Important!** For awards that do not require provincial approval, we ask that the DC please send the recipient's **name and iMIS number** to [imis@guidesquebec.ca](mailto:imis@guidesquebec.ca). All awards presented at the provincial Annual General Meeting (AGM) are updated through the office as they are recorded in the AGM minutes and approval and compiled by the Provincial Awards Specialist.



Annette Levasseur, Provincial Awards Specialist | [awards.reconnaissance@guidesquebec.ca](mailto:awards.reconnaissance@guidesquebec.ca)





**GGC Québec Council**

invites you to attend the

**Annual General Meeting**

and dinner

**May 5, 2016**

Crowne Plaza Hotel, Dorval  
6600 Côte de Liesse, Montréal,  
QC, H4T 1E3  
Cost: \$50 per person  
Registration and cocktails: 5:30 p.m.

Order tickets at [info@guidesquebec.ca](mailto:info@guidesquebec.ca)  
by **April 24, 2016**

Call or email the office with your credit  
card number or mail in a cheque. Don't  
forget to include your iMIS number!



## Cookie News

Cookie Days in Canada are coming up soon  
on **April 30 and May 1!**

Join the [Thunderclap campaign!](#)

Thunderclap is a crowdspeaking platform that allows people to be heard on social media by saying something together. When you join a Thunderclap campaign, you are agreeing to share a single message on a pre-determined date and time, on your [Twitter](#) account or [Facebook](#) page. Sign up to share our message on your Twitter or Facebook account on April 25 and let the public know about Cookie Days!



Helena Green, Cookie Adviser; Kelly Vandzura, Deputy Cookie Adviser | [cookies.biscuits@guidesquebec.ca](mailto:cookies.biscuits@guidesquebec.ca)

## Unit Cookie Tracker



The [Unit Cookie Tracker](#) can help you keep track of cookies in your unit. Better yet, you can submit your numbers directly from there to Cookie All Stars!

		Mint	Classic			
		43	25			
Girl iMIS	Girl Name	Mint Sales	Group Mint	Classic Sales	Group Classic	Payment Tracking
		2	<input type="checkbox"/>	0	<input type="checkbox"/>	Details
		4	<input type="checkbox"/>	0	<input type="checkbox"/>	Details
		7	<input checked="" type="checkbox"/>	0	<input type="checkbox"/>	Details
		2	<input checked="" type="checkbox"/>	0	<input type="checkbox"/>	Details
		3	<input type="checkbox"/>	0	<input type="checkbox"/>	Details
		2	<input checked="" type="checkbox"/>	0	<input type="checkbox"/>	Details
TOTALS:		20		0		

LONES/OTHER HELPER					
Girl iMIS #	Mint	GroupMint	Classic	GroupClassic	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Add Girl Helper/Lones

GROUP SALES		
Mint Event Date	Mint Event Name	Mint Sale
<input type="text"/>	<input type="text"/>	<input type="text"/>
Add Mint		
Classic Event Date	Classic Event Name	Classic Sale
<input type="text"/>	<input type="text"/>	<input type="text"/>
Add Classic		

COOKIE SURPLUS/WISH LIST ORDERS		
Mint Date	Mint Cases	
<input type="text"/>	<input type="text"/>	Add Mint
Classic Date	Classic Cases	
<input type="text"/>	<input type="text"/>	Add Classic

COOKIE TRANSFER FROM OTHER UNIT		
Mint Date	Mint Cases	
<input type="text"/>	<input type="text"/>	Add Mint
Classic Date	Classic Cases	
<input type="text"/>	<input type="text"/>	Add Classic

Mint UnAllocated: 43	Classic UnAllocated: 25
<b>Mint Total Ordered:</b> 43	<b>Classic Total Ordered:</b> 25
Submit to Cookie All Stars	Print Receipt

Mode: Open	Guider Name:
Campaign: Classic	Guider iMIS #:
Year: 2016	
Back	
<b>Cookies Order System - Order Tracking - Activity</b>	
Girl iMIS #:   Girl Name:	
<b>MINT PAYMENT TRACKING</b>	
Cases \$ Owing	\$ Paid
3 180	0.0000
Cases Date Paid	\$ Signature
<input type="text"/>	<input type="text"/>
<input type="checkbox"/> Yes	Add Mint
<b>CLASSIC PAYMENT TRACKING</b>	
Cases \$ Owing	\$ Paid
0 0	
Cases Date Paid	\$ Signature
<input type="text"/>	<input type="text"/>
<input type="checkbox"/> Yes	Add Classic
Print Receipt	

Girls in your unit can earn both individual and group [Cookie All Star](#) rewards!

They can earn a group crest by selling at least **10 cases as a group**.

They can earn individual awards for **7, 15, 30, 40 and 80 cases!**

Deadline to [enter cases](#): **May 30** — must be done by your unit's Contact Guider.



Add your unit/district group selling events to the [Cookie Finder map](#) to let the public know where you'll be! If your event falls on the weekend of April 30– May 1, you'll get a free crest and promotional material in the mail.



Helena Green, Cookie Adviser; Kelly Vandzura, Deputy Cookie Adviser | [cookies.biscuits@guidesquebec.ca](mailto:cookies.biscuits@guidesquebec.ca)



## QUEBEC REPRESENTATIVES FOR NATIONAL TRIPS THIS SUMMER

Congratulations and safe travels to **Valerie Zaloum** and **Nicole Murray** who will be heading to **Creating Impact III** at Sangam in India this summer. Learn lots, play lots and take lots of pictures. We look forward to hearing about your journey this fall!



## Spirit of Adventure Rendezvous - SOAR 2017!

July 21 to July 29, 2017

Quebec Council is looking for experienced Guiders to accompany a provincial patrol of Pathfinders (8 girls) or Rangers (4 girls) to SOAR 2017 in Smithers, BC.

SOAR 2017 is a large provincial Camp for BC Guides, Pathfinders and Rangers with participants from the rest of Canada, USA and other countries. It is a true basic Camping experience – tenting and patrol cooking, with a program full of challenge and fun.



**Any adult member may apply – you do not need to be a leader with the older girls, however experience with adolescents is recommended.**

Please consult the individual trip [fact sheet](#) for more detailed information. It is extremely important that you read the fact sheets and complete the application form correctly and in a timely fashion.

- [General Guidelines](#)
- [Adult Application Form](#)
- [Adult Reference Form](#)

### APPLICATION DEADLINE:

The deadline for adult applications is **Monday, May 31, 2016** ELECTRONICALLY only to [international@guidesquebec.ca](mailto:international@guidesquebec.ca)

### QUESTIONS or help with the forms:

Lori Labelle: [international@guidesquebec.ca](mailto:international@guidesquebec.ca)



Lori Labelle, International Adviser | [international@guidesquebec.ca](mailto:international@guidesquebec.ca)

And the winner of the 2016-2017 design-a-crest contest is...



**MIRA PERSAUD**

FROM THE 1<sup>ST</sup> MILTON  
PARK GUIDES!

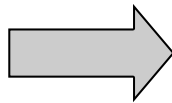


Every girl who registers for the 2016-2017 Guiding year will receive one of these crests. Girls registering in the Spring campaign, prior to June 30, will receive their crest by personal mail, with a personalized welcome-to-Guiding greeting.

## SPRING REGISTRATION HAPPENS IN 3 STAGES...

**April 4**

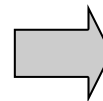
Registration for girls returning to the same unit.



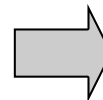
New girls wanting to register before June 1<sup>st</sup> must use paper registration.



Families with girls with birthdays in the fall may need assistance with registration. Check out the information [here](#) to help make sure girls get registered in the right unit!



Thank your girls for a great year and encourage them to reregister with this [personalized card](#).

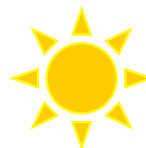


Remind girls to bring a friend!



**May 2**

Registration for girls moving to a different unit.  
(Girls returning to the same unit can continue to register.)



**June 1**

Registration for all girls

**Congratulations** to all Guiders who have completed **SAFE GUIDE TRAINING** in the last two months. Reminder for the others: April and May are months where many Guiders are due for Safe Guide training.

**For face-to-face** training contact your DC to give her the dates of your availability if you want a Safe Guide training session in your district.

**Online training** is available for Guiders who cannot attend a face-to-face training session. Contact the provincial office ([admin@guidesquebec.ca](mailto:admin@guidesquebec.ca)) for a PIN and the instructions

on how to proceed.

Please make sure that your completed Safe Guide evaluation is sent to the provincial office at [imis@guidesquebec.ca](mailto:imis@guidesquebec.ca).

It is a tricky situation because you are a full member of GGC but with an overdue Safe Guide training you are not fully equipped to manage the safety of the girls. It is the main reason why GGC has installed the compulsory training to make sure that all the Guiders and the girls are well protected by GGC.

Louise Triggs | Safe Guide Adviser | [sg.gs@guidesquebec.ca](mailto:sg.gs@guidesquebec.ca)

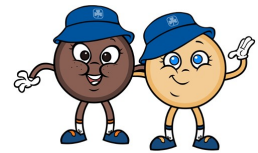
## Treasurers' Trove

### ***The Skinny on Cookies***

Our cookies are our major fundraiser, and are exempt from taxes. So we don't charge or pay taxes on them. Yay!

When you pay for cookies, \$48.45 per case goes to Québec Council. The national portion (including what national pays Dare) of that is \$26.50 per case, Québec Council keeps \$21.95, and you get to keep \$11.55 between the unit and district.

Don't forget to account for cookies you give away or use in the unit or district...these cookies cost you \$4.04 a box, under whichever expenses column is appropriate on the spreadsheet *on the same line as you enter your payment* for them.



For those who have Special Order (or Travel Cookies), you will pay \$39.00 per case to Québec Council. The national portion stays the same at \$26.50 but Québec Council has dropped their portion to \$11.50, allowing the group travelling to keep \$21.00 per case towards your trip. These cookies are only available to groups travelling: your SG8 must be approved before you are allowed to order them, and the girls must sell 2 cases per campaign at the regular price for the unit. When your District Cookie Advisor orders the cookies, it must be clearly indicated that

they are for the group travelling. If you want more information about these cookies, contact the office or [finances-support@guidesquebec.ca](mailto:finances-support@guidesquebec.ca).

Remember that we are not to run other fundraisers for one month after we receive the cookies, so this year from the middle of April until the middle of May, unless you have special permission. This is to take advantage of our large scale advertising and to allow the girls to concentrate on the best fundraising opportunity we have: 64% of sales remain in Guiding. I don't know of any better fundraiser out there!

### ***Mid Year Reviews***

They are coming up soon, so get your books in order early to avoid having to rush at the end of next month!

If you have any questions about accounting for cookies or taxes or anything else about Guiding finances, e-mail me at

**Dawn Coffey, Treasurer Support Specialist | [finances-support@guidesquebec.ca](mailto:finances-support@guidesquebec.ca)**

Need to contact an Adviser? Download an updated contact list of the Québec Council and Advisers [here!](#)



The 33rd Montreal Pathfinders from **Monklands District** held a murder mystery sleepover to work on their "Secret Agent 007" badge. They also volunteered at the Westmount blood drive and sold cookies there.



Photos courtesy of Kaitlin Winter and Lizzie Knowles



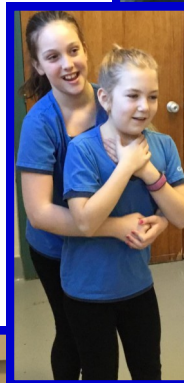
**Liesse District** held an Easter egg hunt and made Easter crafts.— [Liesse District Facebook page](#)



The 1st Milton Park Guides from **Monklands District** combined many topics to create a superhero endangered species CSI mystery night.



**Lasalle District** Sparks made and ate guacamole as they learned about Mexico — Anne Murray-Veerabadren



Guides in **Secteur Argenteuil** learned and practiced first aid skills. Photos courtesy of Anne Legault Bennett.



**Riverdale District** Brownies learned a traditional Indian song and dance. — [Riverdale District Facebook Page](#)



Members are always encouraged to submit photos and stories from your Guiding adventures! Please email photos along with a short description to [communications@guidesquebec.ca](mailto:communications@guidesquebec.ca). Need more information? Download the Piccolo [submission guidelines](#) here.

<b>April 30-May 1</b>	Cookie Days in Canada
<b>May 2-8</b>	Make a Difference Day: <a href="#">National Mental Health Week</a>
<b>May 5</b>	GGC-QC Annual General Meeting
<b>May 7</b>	Camp Opening Weekend
<b>May 31</b>	SOAR Guider Application Deadline
<b>June 1</b>	<a href="#">GGC-QC Scholarship Applications</a> due
<b>July 15-August 6</b>	<a href="#">Wonderful Weeks at Wa-Thik-Ane</a>
<b>August 13-14</b>	<a href="#">Wa-Thik-Ane 90th Anniversary</a>
<b>October 1</b>	Fall Day Camp

## News from the office



Spring has sprung, and our local wonderwoman and Communications Coordinator Ali Moenck is about to sprout wings and fly off in future directions, planning to settle in London England. Québec Council thanks her for her great creativity, productivity, and support over her 15 month contract with us. So many of us have a lovely blue buff of her own design to remember Ali by! Best of luck in all your future plans!

Posting a position for a superhero is a pretty high goal, but we are delighted to report that Quebec Council has hired Elizabeth Knowles (and her pseudonyms Liz and Lizzie), moving her from volunteer Deputy Program Adviser to official staff Communications Coordinator. Lizzie brings a passion and enthusiasm for Guiding and considerable communications skill and expertise to this role.

We are delighted to welcome one of our own!

